

freshpoint  
**LOCAL  
FLAVOR**

Apr 26<sup>th</sup> – May 2<sup>nd</sup>, 2026

**LOCAL  
ITEMS  
IN STOCK**

**FEATURED  
ITEM**



**Bok Choy**  
**Wise Farms**

Code	Item	Weight	Availability	Farm	Location
90015	Berry, Strawberry	8/12oz	Mar - June	Lewis Nursery & Farms Fresh Pik Produce Bush N Vine	Rocky Point, NC Kenly, NC York, SC
<b>20956</b>	<b>Bok Choy, Baby Shanghai</b>	<b>10lb</b>	<b>Apr - May</b>	<b>Wise Farms</b>	<b>Mount Olive, NC</b>
20214	Cabbage, Green	50lb	May - Apr	Burch Farms	Faison, NC
20250	Cabbage, Red	25lb	May - Apr	Burch Farms	Faison, NC
91140	Flowers, Mixed Edible DIV	50ct	Year Round	Sweet Peas Urban Garden	Garner, NC
20600	Greens, Collards	12ct	Year Round	Burch Farms	Faison, NC
20599	Greens, Collards Cleaned & Trimmed Bagged	6/2lb	Year Round	Burch Farms	Faison, NC
50500	Greens, Kale	18-24ct	Year Round	Wise Farms	Mount Olive, NC
20605	Greens, Kale Clean & Trimmed Bagged	6/2lb	Year Round	Burch Farms	Faison, NC
20848	Lettuce, Baby Fancy Blend	24ct	Year Round	Coastal Plains Produce Sunny Creek	Grifton, NC Tryon, NC
20730	Lettuce, Hydro Bibb ( <i>clams</i> )	12ct	Year Round	Peak City Farms	Raleigh, NC
20836	Lettuce, Hydro Bibb (loose)	12ct	Year Round	Coastal Plains Produce Peak City Farms	Grifton, NC Raleigh, NC
20841	Lettuce, Frisee	12ct	Year Round	Second Hill Farms	Cleveland, NC
45065	Micro, Mix DIV	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
45069	Pea Shoot, Sweet DIV	4oz	Year Round	Sweet Peas Urban Garden	Garner, NC
30140	Rutabaga	25lb	Dec - Apr	Wise Farms	Mount Olive, NC



## In Stock: Fruits & Vegetables

Code	Item	Weight	Availability	Farm	Location
21911	Sprouts, Bean	5lb	Year Round	Solar Farms	West Columbia, SC
22606	Sweet Potato, 30-35ct	40lb	Year Round	Ham Produce	Snow Hill, NC
22609	Sweet Potato, 45ct	40lb	Year Round	Scott Farms	Lucama, NC
22602	Sweet Potato, 55ct	40lb	Year Round	Scott Farms	Lucama, NC
22600	Sweet Potato, 65ct	40lb	Year Round	Scott Farms	Lucama, NC
22603	Sweet Potato, 75ct	40lb	Year Round	Scott Farms	Lucama, NC
22608	Sweet Potato, Fingerling	40lb	Year Round	Scott Farms	Lucama, NC
22620	Sweet Potato, Jumbo	40lb	Year Round	Scott Farms	Lucama, NC
20718	Watercress, Hydro	12ct	Year Round	Sunny Creek Farm	Tryon, NC



## In Stock: Artisan Items

Code	Item	Pack	Availability	Farm	Location
85092	Kombucha, Cranberry Zest	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
85094	Kombucha, Electric Razz	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
86022	Kombucha, Good Ol' Ginger	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
86012	Kombucha, Lavenderade	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
85094	Kombucha, Spicy Pineapple	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
86013	Kombucha, Strawberry Limeade	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
10908	Kombucha, Sweet Potato Pie	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
86011	Kombucha, Wake Up Call	12/12oz	Year Round	Lenny Boy Brewing	Charlotte, NC
83019	Honey, Wildflower Raw	12/1lb	Year Round	Blue Ridge Apiaries	Hudson, NC
80021	Cheese Wheel, Hoop Cheddar	22lbavg	Year Round	Ashe County Cheese	West Jefferson, NC
41888	Cheese, Chevre Bulk	4/4lb	Year Round	Holly Grove Farms	Mount Olive, NC
30483	Eggs, Brown Loose Cage-Free	30 doz	Year Round	Braswell Family Farms	Nashville, NC
30493	Eggs, Large Carton	15 doz	Year Round	Pride of the Morning	Kernersville, NC
30490	Eggs, Large Loose	15 doz	Year Round	Pride of the Morning	Kernersville, NC
30492	Eggs, Large Loose	30 doz	Year Round	Pride of the Morning	Kernersville, NC
45001	Milk, 2%	4/1gal	Year Round	Milkco Inc.	Asheville, NC
45002	Milk, Buttermilk	9/.5gal	Year Round	Milkco Inc.	Asheville, NC
45007	Milk, Skim	4/1gal	Year Round	Milkco Inc.	Asheville, NC
45000	Milk, Whole	4/1gal	Year Round	Milkco Inc.	Asheville, NC
10053	Salami, Classico	12/6oz	Year Round	Hickory Nut Gap Farm	Fairview, NC
20076	Salami, Pepperoni	12/6oz	Year Round	Hickory Nut Gap Farm	Fairview, NC
52001	Salami, Sweet Sopressata	12/6oz	Year Round	Hickory Nut Gap Farm	Fairview, NC
10681	Salami, Variety Pack	12/6oz	Year Round	Hickory Nut Gap Farm	Fairview, NC
73000	Coffee, Dark Roast "Charli's Blend" K-Cup Pods DIV	8/12 Each (96 Total)	Year Round	Big Guns Coffee	Tryon, NC



**Split Cases Available: Change the 5 to a 9 (901, 902, 903 etc...)**

## In Stock: Spicewalla Spices

Code	Item	Pack	Availability	Local Business	Location
500	Spice, Aleppo Pepper	6ct	Year Round	Spicewalla	Asheville, NC
501	Spice, Ancho Chili Powder	6ct	Year Round	Spicewalla	Asheville, NC
502	Spice, Whole Black Peppercorn	6ct	Year Round	Spicewalla	Asheville, NC
503	Spice, Coarse Black Pepper	6ct	Year Round	Spicewalla	Asheville, NC
504	Spice, Coriander Powder	6ct	Year Round	Spicewalla	Asheville, NC
505	Spice, Crushed Red Pepper	6ct	Year Round	Spicewalla	Asheville, NC
506	Spice, Cumin Powder	6ct	Year Round	Spicewalla	Asheville, NC
507	Spice, Dark Chili Powder	6ct	Year Round	Spicewalla	Asheville, NC
508	Spice, Lavender Flowers	6ct	Year Round	Spicewalla	Asheville, NC
509	Spice, Smoked Paprika	6ct	Year Round	Spicewalla	Asheville, NC
510	Spice, Spanish Paprika	6ct	Year Round	Spicewalla	Asheville, NC
511	Spice, Yellow Mustard Seed	6ct	Year Round	Spicewalla	Asheville, NC
512	Spice, Turmeric	6ct	Year Round	Spicewalla	Asheville, NC
513	Spice, Mediterranean Oregano	6ct	Year Round	Spicewalla	Asheville, NC
514	Spice, White Peppercorn	6ct	Year Round	Spicewalla	Asheville, NC
515	Spice, Herbs De Provence	6ct	Year Round	Spicewalla	Asheville, NC
516	Spice, Fry Seasoning	6ct	Year Round	Spicewalla	Asheville, NC
517	Spice, Tandoori Masala	6ct	Year Round	Spicewalla	Asheville, NC
518	Spice, Kashmiri Chili	6ct	Year Round	Spicewalla	Asheville, NC
519	Spice, Madros Curry	6ct	Year Round	Spicewalla	Asheville, NC
520	Spice, Moms Taco	6ct	Year Round	Spicewalla	Asheville, NC
521	Spice, Honey and Herb	6ct	Year Round	Spicewalla	Asheville, NC
522	Spice, Seafood Seasoning	6ct	Year Round	Spicewalla	Asheville, NC



## Pre-order: Fruits and Vegetables

\*Pre-order for picking up from the farm

Code	Item	Pack	Availability	Farm	Location
22612	Batata* (White Sweet Potato)	40lb	Nov - Apr	Farm Pak Products	Spring Hope, NC
20618	Chard, Red/Rainbow*	12ct	Apr - Jun	Barbee Farms	Concord, NC
20577	Garlic, Green*	5lb	Apr - Jun	Barbee Farms	Concord, NC
20719	Grass Wheat*	3lb	Year Round	Sweet Peas Urban Garden	Garner, NC
20650	Greens, Mustard*	18ct	Nov - Apr	Burch Farms	Faison, NC
51011	Lettuce, Hydro Red <i>Salanova*</i>	12ct	Year Round	Peak City Farms	Raleigh, NC
10911	Mushroom, Lions Mane* DIV	3lb	Year Round	Gill and Spore Mushroom Farm	Louisburg, NC
20979	Mushroom, Royal Trumpet* DIV	3lb	Year Round	Gill and Spore Mushroom Farm	Louisburg, NC
20640	Rhubarb*	10lb	Apr - Jun	Barbee Farms	Concord, NC
21960	Sprouts, Alfalfa*	12/4oz	Year Round	Sunny Creek Farms	Tryon, NC



## Microgreens & Edible Flowers

Code	Item	Pack	Availability	Farm	Location
30585	Micro Arugula*	4oz	Dec - Jul	Sweet Peas Urban Garden	Garner, NC
NEW	Micro Asian Mix* - <i>Amaranth, Borage Flowers, Broccoli, Cilantro, Radishes</i>	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
83010	Micro Basil*	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
45067	Micro Brassica Mix*	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
60057	Micro Cilantro*	4oz	Year Round	Sweet Peas Urban Garden	Garner, NC
NEW	Micro Nasturtium*	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
81092	Micro Radish Mix*	8oz	Year Round	Piedmont Microgreens	Durham, NC
10607	Micro Spicy Mix* - <i>mustards, radishes</i>	8oz	Year Round	Piedmont Microgreens	Durham, NC
10383	Micro Sunflower shoots*	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
10384	Pea Shoots, Sweet*	8oz	Year Round	Sweet Peas Urban Garden	Garner, NC
50054	Pansies, Flowers*	50ct	Dec - Jul	Sweet Peas Urban Garden	Garner, NC
10173	Viola, Flowers*	50ct	Dec - Jul	Sweet Peas Urban Garden	Garner, NC

Tidewater Grain rice available in 30lb, 15lb, 12/2lb, 25/2 cup, and 50/1cup.

## Grains

Code	Item	Weight	Farm	Location
61009	Grits, Heirloom Guinea Flint*	25lb	Marsh Hen Mill	Edisto Island, SC
10731	Grits, Heirloom Sea Island Blue*	25lb	Marsh Hen Mill	Edisto Island, SC
11457	Grits, Unicorn*	25lb	Marsh Hen Mill	Edisto Island, SC
10901	Grits, White*	25lb	Marsh Hen Mill	Edisto Island, SC
10893	Grits, Yellow*	25lb	Marsh Hen Mill	Edisto Island, SC
11452	Peas, Sea Island Red*	25lb	Marsh Hen Mill	Edisto Island, SC
10161	Rice, Carolina Gold 2lb*	12/2lb	Tidewater Grain Co.	Merritt, NC
10155	Rice, Carolina Gold Lg Bulk*	30lb	Tidewater Grain Co.	Merritt, NC
51244	Rice, Carolina Gold Brown 2lb*	12/2lb	Tidewater Grain Co.	Merritt, NC
40102	Rice, Carolina Gold Brown Lg Bulk*	30lb	Tidewater Grain Co.	Merritt, NC
10158	Rice, Carolina Gold Middlins* (rice grits)	12/2lb	Tidewater Grain Co.	Merritt, NC
10228	Rice, Santee Gold Long Grain 2lb*	12/2lb	Tidewater Grain Co.	Merritt, NC
10224	Rice, Santee Gold Long Grain Bulk*	30lb	Tidewater Grain Co.	Merritt, NC
NEW	Rice, Santee Gold Long Grain Brown*	12/2lb	Tidewater Grain Co.	Merritt, NC
10225	Rice, Santee Gold Long Grain Brown*	30lb	Tidewater Grain Co.	Merritt, NC
NEW	Rice, Santee Gold Long Grain Middlins*	12/2lb	Tidewater Grain Co.	Merritt, NC
10226	Rice, Santee Gold Long Grain Middlins*	30lb	Tidewater Grain Co.	Merritt, NC

## Honey

Code	Item	Weight	Farm	Location
40536	Honey, Wildflower Raw Bulk*	5gal	Bell Honey Co	Rembert, SC
91120	Honey, Hot*	6/12oz	Bell Honey Co	Rembert, SC
83020	Honeycomb*	12/1lb	Bell Honey Co	Rembert, SC
40501	Honeysticks*	1000ct	Bell Honey Co	Rembert, SC

## Coffee

Code	Item	Weight	Farm	Location
73003	Coffee, Dark Roast "Charli's Blend" DIV*	6/12oz	Big Guns Coffee	Tryon, NC
73001	Coffee, Espresso Blend DIV*	6/12oz	Big Guns Coffee	Tryon, NC
73005	Coffee, Light Roast "The G.O.A.T Blend" DIV*	6/12oz	Big Guns Coffee	Tryon, NC
73002	Coffee, Medium Roast "The Motivator" DIV	6/12oz	Big Guns Coffee	Tryon, NC

**Whoomus Foods:**

5- business day lead time on all orders please

**Hickory Nut Gap Farm:**

Two-week lead time on all orders please

**Cheese & Charcuterie & Hummus**

Code	Item	Weight	Farm	Location
85127	Cheese, Chevre Cups*	27/8oz	Holly Grove Farms	Mount Olive, NC
10414	Cheese, Chèvre Mixed*	12/5oz	Goat Lady Dairy	Climax, NC
46002	Cheese, Chèvre Small Log* (flavors below)	12/5oz	Goat Lady Dairy	Climax, NC
45104	Cheese, Lindale* - cow's milk gouda	9-10lb avg	Goat Lady Dairy	Climax, NC
85175	Cheese, Snow Camp*	6/4oz	Goat Lady Dairy	Climax, NC
80634	Cheese, Carolina White Cheddar*	11lb	Ashe County Cheese	West Jefferson, NC
New	Cheese, Curd*	3lb	Ashe County Cheese	West Jefferson, NC
45050	Cheese, Habanero Cheddar Wheel*	2/5lb	Ashe County Cheese	West Jefferson, NC
10152	Cheese, Mountain Gouda*	11lb	Ashe County Cheese	West Jefferson, NC
85000	Cheese, Fresh Burrata	12/7oz	Siano Mozzarella	Harrisburg, NC
10838	Cheese, Fresh Burrata Truffle*	12/7oz	Siano Mozzarella	Harrisburg, NC
85010	Cheese, Fresh Fior Di Latte*	12/7oz	Siano Mozzarella	Harrisburg, NC
45076	Cheese, Fresh Hand Wrapped Mozzarella*	12/7oz	Siano Mozzarella	Harrisburg, NC
10230	Cheese, Fresh Stracciatella *	5/16oz	Siano Mozzarella	Harrisburg, NC
10666	Hummus, Original DIV*	6/8oz	Whoomus Foods	Charlotte, NC
10303	Hummus, Original DIV*	2/64oz	Whoomus Foods	Charlotte, NC
10667	Hummus, More Garlic DIV*	6/8oz	Whoomus Foods	Charlotte, NC
New	Hummus, More Garlic DIV*	2/64oz	Whoomus Foods	Charlotte, NC
10670	Hummus, Spicy DIV*	6/8oz	Whoomus Foods	Charlotte, NC
New	Hummus, Spicy DIV*	2/64oz	Whoomus Foods	Charlotte, NC
New	Hummus, Spread Original DIV*	6/12oz	Whoomus Foods	Charlotte, NC
New	Hummus, Spread Spicy DIV*	6/12oz	Whoomus Foods	Charlotte, NC
New	Hummus, Spread More Garlic DIV*	6/12oz	Whoomus Foods	Charlotte, NC
91123	Hummus, Variety Pack DIV* - 2 of each variety*	6/8oz	Whoomus Foods	Charlotte, NC
10974	Salami, Milano	12/6oz	Hickory Nut Gap	Fairview, NC
70635	Salami, Hot Sopressata	12/6oz	Hickory Nut Gap	Fairview, NC

**Flavored Cheese Available from**

**Ashe County Cheese All 2/5lb Wheels:**

Habanero Jack, Jack & Dill, Garden Vegetable, Garlic & Parsley & Chives, Buffalo Jack, Cajun Cheddar, Hickory Smoked Cheddar, Horseradish Cheddar, Pepper Jack, Smoked Ghost Pepper, Tomato & Basil, 4 Pepper Jack, Monterey Jack, Carolina Blue Marble, Colby Jack, Mild Cheddar

**Flavored Chèvre Available from**

**Goat Lady Dairy:**

Triple Heat, Basil and Garlic, Dill, Fig & Honey, Horseradish, Jalapeno, Peppercorn, Classic Creamy, Roasted Red Pepper, Rosemary, Smoked, and Sunny Paris

**Flavored Cheese Available from**

**Nana's Porch Pimento Cheese:**

12/11oz Smoked Jalapeno, Original and Variety Pack  
2/128oz Smoked Jalapeno & Original

**Flavored Chèvre Available from**

**Holly Grove Farms:**

Balsamic Fig & Honey, Basil, Blueberry, Chive, Jalapeno, Pimento, Plain, Roasted Garlic & Olive, Southwestern, Strawberry, and Sundried Tomato & Basil



## Dairy & Eggs

**Ran Lew Dairy:**  
Orders due Fridays 11am

Code	Item	Weight	Farm	Location
10090	Eggs, Brown Carton Cage Free*	20 18ct	Latta's Egg Ranch	Hillsborough, NC
30481	Eggs, Free Range*	15 doz	Braswell Family Farms	Nashville, NC
45099	Milk, Buttermilk* - non-homogenized	4/1gal	Ran Lew Dairy	Snow Camp, NC
45035	Milk, Buttermilk* - non-homogenized	9/.5gal	Ran Lew Dairy	Snow Camp, NC
45049	Milk, Buttermilk* - non-homogenized	16/1qt	Ran Lew Dairy	Snow Camp, NC
45030	Milk, Chocolate* - non-homogenized	4/1gal	Ran Lew Dairy	Snow Camp, NC
45014	Milk, Chocolate* - non-homogenized	9/.5gal	Ran Lew Dairy	Snow Camp, NC
45017	Milk, Chocolate* - non-homogenized	25/1pt	Ran Lew Dairy	Snow Camp, NC
45028	Milk, Whole* - non-homogenized	4/1gal	Ran Lew Dairy	Snow Camp, NC
45011	Milk, Whole* - non-homogenized	9/.5gal	Ran Lew Dairy	Snow Camp, NC
45018	Milk, Whole* - non-homogenized	25/1pt	Ran Lew Dairy	Snow Camp, NC
45083	Soft-Serve Base, Chocolate*	4/1gal	Ran Lew Dairy	Snow Camp, NC
45019	Soft-Serve Base, Vanilla*	4/1gal	Ran Lew Dairy	Snow Camp, NC



**Simple Kneads:**  
Orders due Tuesdays for  
Friday delivery

## Pre Order: Artisan Items

Code	Item	Weight	Artisan	Location
NEW	Cucumber Mint Persian Beverage DIV*	12/12oz	Jabin Beverage Co	Raleigh, NC
NEW	Pomegranate Persian Beverage DIV*	12/12oz	Jabin Beverage Co	Raleigh, NC
85149	Jelly, Cranberry Pepper*	12/10oz	Peggy Rose's Jellies	Wake Forest, NC
85134	Jelly, Pepper Gold*	12/10oz	Peggy Rose's Jellies	Wake Forest, NC
85132	Jelly, Pepper Hot*	12/10oz	Peggy Rose's Jellies	Wake Forest, NC
85117	Jelly, Pepper Sweet*	12/10oz	Peggy Rose's Jellies	Wake Forest, NC
45071	Mustard, Burn in Hell*	12/9oz	Lusty Monk	Asheville, NC
81147	Mustard, Original Sin Bulk*	2/1gal	Lusty Monk	Asheville, NC
81149	Mustard, Original Sin*	12/9oz	Lusty Monk	Asheville, NC
85179	Mustard, Temptation (Honey Mustard)*	12/9oz	Lusty Monk	Asheville, NC
85157	Syrup, Sorghum*	1 gal	Muddy Pond	Monterey, TN