

freshpoint
**LOCAL
FLAVOR**

April 26 – May 2, 2026
FreshPoint Nashville

* Indicates special order

**LOCAL
ITEMS
IN STOCK**

**FEATURED
ITEM**

Local Tennessee Rice
Tennemo Rice, Dyersburg, TN



Code	Item	Case	Availability	Farm	Location
60059	Flowers Marigold Local*	50ct	Year Round	Greener Roots	Nashville, TN
60065	Flowers Viola Micro Local	50ct	Year Round	Greener Roots	Nashville, TN
20608	Greens Collard Local*	12ct	Oct - April	Bloomsbury Farm	Smyrna, TN
10397	Herb, Basil 1lb (Local)	1lb	Year Round	Healthy Flavors	Eagleville, TN
10396	Herb, Basil Thai 1lb (Local)	1lb	Year Round	Healthy Flavors	Eagleville, TN
88826	Herb, Chives 1lb (Local)	1lb	Year Round	Healthy Flavors	Eagleville, TN
30400	Leaves Nasturtium Petite Local*	8oz	Year Round	Greener Roots	Nashville, TN
20730	Lettuce Hydro Bibb	12ct	Year Round	Tanimura & Antle	Livingston, TN
90016	Lettuce, Hydro Bibb Clam	12ct	Year Round	Tanimura & Antle	Livingston, TN
81140	Local TN Lettuce Mixed Blend GR*	12ct	Oct - March	Greener Roots	Nashville, TN
89019	Micro Basil Local GR	8oz	Year Round	Greener Roots	Nashville, TN
20729	Micro Bull's Blood (Local) GR	8oz	Year Round	Greener Roots	Nashville, TN
20844	Micro Cilantro (Local) GR	8oz	Year Round	Greener Roots	Nashville, TN
20984	Micro Shiso Red Leaves GR Local	4oz	Year Round	Greener Roots	Nashville, TN
10392	Micro Sorrel Red Vein (Local) GR	4oz	Year Round	Greener Roots	Nashville, TN
21878	Micro Spicy Mix (Local) GR	8oz	Year Round	Greener Roots	Nashville, TN
21306	Microgreens, Pea Shoot Field (Local) GR*	1lb	Year Round	Greener Roots	Nashville, TN
30006	Microgreens, Rainbow (Local) GR	8oz	Year Round	Greener Roots	Nashville, TN
21004	Mushroom, Blue Oyster Local HEN*	3lb	Year Round	HENOSIS	Joelton, TN
20913	Mushroom Chef's Mix Local HEN	3lb	Year Round	HENOSIS	Joelton, TN
20972	Mushroom Chestnut 3lb Local HEN*	3lb	Year Round	HENOSIS	Joelton, TN
21006	Mushroom, Golden Oyster Local*	3lb	Year Round	Totally Mushrooms	Nashville, TN



20897	Mushroom, Lion's Mane Local HEN*	3lb	Year Round	HENOSIS	Joelton, TN
20947	Mushroom Maitake Local Organic	3lb	Year Round	Hedgehog Mushrooms	Beechgrove, TN
20935	Mushroom Oyster 5lb Local Organic	5lb	Year Round	Hedgehog Mushrooms	Beechgrove, TN
21007	Mushroom, Oyster Black Pearl*	3lb	Year Round	HENOSIS	Joelton, TN
20926	Mushroom Oyster Mixed 5# Local*	3lb	Year Round	Totally Mushrooms	Nashville, TN
20944	Mushroom, Shiitake 3lb Local Organic	3lb	Year Round	Hedgehog Mushrooms	Beechgrove, TN
20934	Mushroom, Shiitake 3lb Local HEN*	3lb	Year Round	HENOSIS	Joelton, TN
86541	Mushroom, Shiitake Petite Local*	3lb	Year Round	HENOSIS	Joelton, TN
20968	Mushroom, Royal Trumpet Local Organic	3lb	Year Round	Hedgehog Mushrooms	Beechgrove, TN
21305	Pea Tendril (Local) GR	1lb	Year Round	Greener Roots	Nashville, TN
21960	Sprout Alfalfa 12/4oz (Local)	12/4oz	Year Round	Fullei Fresh	Cookeville, TN
21917	Sprout, Bean 10lb (Local)	10lb	Year Round	Fullei Fresh	Cookeville, TN
21910	Sprout, Bean 5lb (Local)	5lb	Year Round	Fullei Fresh	Cookeville, TN
21916	Sprout, Sunflower	3oz	Year Round	Bloomsbury Farms	Smyrna, TN

HENOSIS Mushrooms:
 1) Order by midday Friday for customer delivery Wednesday the following week
 2) Order by midday Wednesday for customer delivery Friday

Bloomsbury Farms:
 1) Order by 12noon Friday for customer delivery Wednesday the following week
 2) Order by midday Wednesday for delivery Friday

Local Cheese

Code	Item	Case	Farm	Location
85046	Cheese, Cumberland Seq Cove Local*	3lb wheel	Sequatchie Cove Creamery	Sequatchie, TN
85048	Cheese, Coppinger Seq Cove Local*	3lb wheel	Sequatchie Cove Creamery	Sequatchie, TN
84049	Cheese, Shakerag Blue Local*	6lb wheel	Sequatchie Cove Creamery	Sequatchie, TN
85047	Cheese, Seq Cove Walden Local*	8/7oz	Sequatchie Cove Creamery	Sequatchie, TN





Local Artisan Items

Code	Item	Case	Artisan	Location
85081	Corn Meal Blue Clarage Local*	1lb	Barnes Farms & Milling Co	Salem, KY
91001	Grits Blue Clarage 10# Local*	10lb	Barnes Farms & Milling Co	Salem, KY
91000	Grits Bloody Butcher Local*	10lb	Barnes Farms & Milling Co	Salem, KY
85082	Corn Meal, Bloody Butcher*	1lb	Barnes Farms & Milling Co	Salem, KY
80026	Grits, Yellow 8/2lb (Local)	8/2lb	Weisenberger Mills	Midway, KY
TBD	Honey, Creamed Original Local*	12/8.5oz	Bearded Bee Works	Nashville, TN
80093	Honey, Hager's Hot Honey Local	12/16oz	Bearded Bee Works	Nashville, TN
40230	Honey, Wildflower Local	12/16oz	Bearded Bee Works	Nashville, TN
30956	Juice, Urban Flu Shot Local	21/8oz	The Urban Juicer	Nashville, TN
30955	Juice, Urban Ginger Baby (Local)	21/8oz	The Urban Juicer	Nashville, TN
30962	Juice, Urban Lemon Aid (Local)	14/16oz	The Urban Juicer	Nashville, TN
30946	Juice, Urban Liver Lover (Local)	14/16oz	The Urban Juicer	Nashville, TN
30954	Juice Urban The Cool Down (Local)	14/16oz	The Urban Juicer	Nashville, TN
30950	Juice Urban Turmeric Tonic (Local)	21/8oz	The Urban Juicer	Nashville, TN
30944	Juice, Urban Wake Up Call (Local)	14/16oz	The Urban Juicer	Nashville, TN
30943	Juice, Urban Well Being (Local)	14/16oz	The Urban Juicer	Nashville, TN
10109	Kombucha, Blueberry Jasmine Local	24/12oz	Walker Brothers	Nashville, TN
10117	Kombucha, Cherry Coffee Local	24/12oz	Walker Brothers	Nashville, TN
10112	Kombucha, Citrus Local	24/12oz	Walker Brothers	Nashville, TN
10111	Kombucha, Cucumber Melon Local	24/12oz	Walker Brothers	Nashville, TN
10110	Kombucha, Ginger Local	24/12oz	Walker Brothers	Nashville, TN
10113	Kombucha Masala Chai Local	24/12oz	Walker Brothers	Nashville, TN
		25lb or		
TBD	Rice, Basmati TN Local	10/2.5lb	Tennemo Rice	Dyersburg, TN
		25lb or		
TBD	Rice, Brown TN Local	10/2.5lb	Tennemo Rice	Dyersburg, TN
		25lb or		
TBD	Rice, Jasmine TN Local	10/2.5lb	Tennemo Rice	Dyersburg, TN
		25lb or		
TBD	Rice, White TN Local	10/2.5lb	Tennemo Rice	Dyersburg, TN



Local Eggs

Code	Item	Case	Farm	Location
90071	Eggs, Large Brown Free Range	15 dozen	Sunnyside Egg Co.	Hopkinsville, KY
30481	Eggs, Sequatchie 15DZ Restaur Local*	15 dz flats	Sequatchie Cove Farm	Sequatchie, TN
30480	Eggs, Sequatchie 15DZ Cartons Local*	15/1dz cartons	Sequatchie Cove Farm	Sequatchie, TN

Sequatchie Cove Farm Eggs Lead Time *Regenerative product*

- Weekly, order **WEDNESDAYS** by 10am
- Eggs are harvested and delivered to FreshPoint
- Saturdays – Egg delivery to FreshPoint
- Mondays -- Eggs delivered to customer

Sunnyside Egg Co. Lead Time *Free range eggs*

- Now Stocked!

Local Milk

Code	Item	Case	Farm	Location
45029	Dairy, Buttermilk Local 4/1Gal (similar to Cruze Farms)	4/1gallon 25/1 pint 9/0.5gallon	The Old Stone Creamery	Spring Hill, TN
45054	Dairy, Cream Top Whole Milk*	4/1gallon 25/1 pint 9/0.5gallon	The Old Stone Creamery	Spring Hill, TN
45049	Dairy, Cream Top Chocolate Milk *	4/1gallon	The Old Stone Creamery	Spring Hill, TN

The Old Stone Creamery Lead Time *Cream-top milk*

- Order by EOD Thursday for customer delivery the following Wednesday



Regional Artisan Items

Code	Item	Case	Farm	Location
80030	Honey Zeiglers 1 Gal*	1 gallon	Zeiglers Honey	Stockton, GA
83020	Honeycomb	1 square	Zeiglers Honey	Stockton, GA
11121	Nuts Pecan Halves*	5lb	Cochran Family Farms	Camilla, GA

Regional Produce

Code	Item	Case	Availability	Farm	Location
20600	Greens Collard	24ct	April - June	LG Herndon Jr Farms	Lyons, GA
20599	Greens Collards Clean & Trim 6/2	6/2lb	April - June	LG Herndon Jr Farms	Lyons, GA
20601	Green Turnip Clean & Trim 6/2lb	6/2lb	April - June	LG Herndon Jr Farms	Lyons, GA
50338	Kale Eastern 24CT	24ct	April - June	LG Herndon Jr Farms	Lyons, GA
21158	Onion Sweet Vidalia	40lb	April - June	LG Herndon Jr Farms	Lyons, GA