

created
fresh!



Week of June 17th

Ordering Schedule

Noon Sunday, Monday, or Tuesday for delivery on Thursday

Noon Wednesday or Thursday for delivery Saturday

Noon Friday for delivery Monday

Minimum order is 24, units, minimum order per unit is 3.

BREAKFAST			
BREAKFAST SANDW SAUSAGE EGG ENG MUFFIN	10802	5.7 oz	Sausage, egg, and cheddar cheese on an English muffin
BREAKFAST SANDW ALOHA EGG PEPPERJACK	10803	4.05oz	Egg patty and pepperjack cheese on a Hawaiian roll with hot sauce p.c.
BREAKFAST SANDW HOMESTYLE CHICKEN	10804	6.9oz	Breaded chicken on biscuit with a side of honey
BREAKFAST SANDW BACON EGG CHEDDAR CROI	10800	4.95oz	Bacon, egg, and cheddar cheese on croissant
PARFAIT YOGURT VANILLA MIX BERRIES	10600	9.0oz	Vanilla yogurt with mixed berries and granola
PARFAIT YOGURT STRAWBERRIES	10601	9.0oz	Vanilla yogurt with strawberry filling and granola
FRUIT CUPS			
FRUIT CUP TROPICAL 7	10900	7.0oz	Pineapple, red grapes, kiwi, strawberry, mango
FRUIT CUP RED GRAPE CUP 7	10901	7.0oz	Red grapes
FRUIT CUP MANGO CHUNKS 7	10902	7.0oz	Mango chunks
FRUIT CUP MIXED 7	10903	7.0oz	Cantaloupe, honeydew, pineapple, red grapes
FRUIT CUP PINEAPPLE CHUNKS 7	10904	7.0oz	Pineapple chunks
FRUIT CUP MIXED 5.5	10905	5.5oz	Cantaloupe, honeydew, pineapple, red grapes
FRUIT CUP PINEAPPLE 5.5	10906	5.5oz	Pineapple chunks
FRUIT CUP TROPICAL 5.5	10907	5.5oz	Pineapple, red grapes, kiwi, strawberry, mango
FRUIT CUP RED GRAPE 5.5	10908	5.5oz	Red grapes
FRUIT CUP MELON MEDLEY 5.5	10909	5.5oz	Cantaloupe, honeydew, watermelon
SNACKS			
SNACK TRAY PORTABLE PROTEIN	10634	7.25oz	Hardboiled egg, cheddar cheese cubes, almonds, and pepperoni
SNACK CUP GRAPE AND CHEESE	10641	4.5oz	Fresh grapes and cheese cubes
SNACK CUP PEPPERONI CHEESE PITA	10642	4.6oz	Pepperoni, cheese, and mini pitas
SANDWICHES & WRAPS			
SANDW TURKEY CHEDDAR	10500	7.07oz	Deli turkey with cheddar cheese on multigrain bread
SANDW HAM MUENSTER	10501	7.5oz	Deli ham with muenster cheese and mustard on Kaiser roll
SANDW TUNA SALAD	10503	5.6oz	Tuna salad sandwich on rye bread

SANDW CLUB ON FLATBREAD	10504	9.31oz	Double stacked with ham, turkey, cheddar cheese, bacon and mayo on a flatbread
SANDW CHICKEN SALAD	10508	5.95oz	White chicken salad sandwich
SANDW PEANUT BUTTER JELLY	10509	5.0oz	Peanut butter and jelly on white bread
SUB HOAGIE ITALIAN 8"	10535	8.71oz	Ham, Salami, and provolone on a sub roll
SUB HOAGIE TURKEY CHEDDAR 8"	10536	8.7oz	Turkey and cheddar on a sub roll
SUB HOAGIE HAM AND SWISS 8"	10537	9.1oz	Ham and swiss on a sub roll
SANDW CAPRESE ON CIABATTA	10516	9.48oz	Tomatoes, mozzarella, arugula, and pesto on a rosemary ciabatta
SANDW ROASTED VEGGIE ON CIABATTA	10534	9.98oz	Rosemary ciabatta with roasted vegetable medley of green squash, yellow squash, carrots, and red peppers with red pepper hummus
WRAP DELI CHICKEN SALAD 10"	10549	6.79oz	Deli chicken salad on a spinach tortilla
WRAP SOUTHWESTERN CHICKEN 10"	10550	6.79oz	Black bean and corn salad with southwest chicken in a sundried tomato wrap
WRAP BUFFALO CHICKEN SALAD 10"	10545	6.29oz	Buffalo chicken salad and buffalo cream cheese in a flour tortilla
WRAP CAESAR W/ CHICKEN 10"	10551	6.79oz	Chicken breast strips, romaine lettuce, Caesar dressing in a spinach wrap
WRAP TURKEY BACON CHEDDAR 10"	10548	6.99oz	Diced chicken with bacon, cheddar cheese and ranch dressing in a sundried tomato tortilla
WRAP SPICY VEGETARIAN QUINOA 10"	10566	6.69oz	Spicy quinoa and rice blend with tomato, corn, red peppers, chili powder and cilantro with pepper jack cheese on a flour tortilla
WRAP SUNDRIED RED LENTIL HUMMUS 10"	10547	6.19oz	Red lentils, carrots, radishes & tomato and garlic pesto in a whole wheat tortilla
SALADS			
SALAD CAESAR W/ CHICKEN	10605	10.0oz	Chicken caesar salad made with grilled chicken breast strips
SALAD CHEF TURKEY HAM	10607	10.0oz	Romaine lettuce with grape tomatoes, hard cooked eggs, diced ham, diced turkey, cheddar cheese, and zinfandel dressing
SALAD SOUTHWEST W/ CHICKEN	10610	10.0oz	Romaine lettuce with chicken, corn, black beans, pepper jack cheese, grape tomatoes, and chipotle ranch dressing
SALAD COBB CHICKEN BACON	10611	10.5oz	Romaine lettuce with grilled chicken, hard cooked eggs, grape tomatoes, bacon bits and crumbled blue cheese
SALAD THAI CHICKEN	10612	9.5oz	Romaine lettuce, red cabbage, grilled chicken, crispy noodles, and spicy Thai peanut dressing
DESSERT			
SNACK CUP CANNOLI DIP	10638	3.5oz	Cannoli cream, semi-sweet chocoalte chips and sugar dusted cannoli chips
SNACK CUP CHOC PUDDING	10643	5.2oz	Chocolate pudding and whipped topping
MAP SNACKS			
MAP SNACK POWER BOOST	10724	7.05oz	Hard cooked egg, sliced apples, cheese cubes, and trail mix
MAP SNACK DELI SNACK PACK	10725	6.45oz	Mini pretzels, cheese cubes, pepperoni, and red grapes
MAP SNACK HUMMUS AND CO	10726	6.07oz	Baby carrots, broccoli florets, cocktail pita and hummus
MAP SNACK GARDEN VEG W/ RANCH	10727	5.5oz	Broccoli, carrots, tomatoes, and ranch dressing
MAP SNACK CARAMEL CRUNCH	10728	6.2oz	Mini pretzels and sliced apples with caramel dip
MAP SANDWICHES & WRAPS			
MAP SANDW HAM GOUDA CROISSANT	10709	6.35oz	Ham with gouda cheese on a croissant with a side of mustard
MAP SANDW TURKEY SWISS PRETZEL ROLL	10710	7.82oz	Turkey with swiss cheese on a pretzle roll with a side of mayo
MAP SANDW TURKEY CHEDDAR	10711	5.62oz	Turkey and cheddar on honey wheat bread
MAP SLIDER HAM SWISS 4CT	10712	8.1oz	Ham and swiss on potato slider rolls
MAP SANDW ITALIAN ON CIABATTA	10713	7.39oz	Ham, salami, and provolone on a ciabatta roll
MAP SLIDER TURKEY CHEDDAR 4CT	10714	8.32oz	Turkey and cheddar on potato slider rolls
MAP SANDW CHICKEN SALAD	10715	3.98oz	Chicken salad on club white bread

MAP SUB MINI ITALIAN	10729	4.25oz	Ham, salami, and provolone on a mini sub roll
MAP SUB ITALIAN	10730	7.72oz	Ham, salami, and provolone sub
MAP SUB MINI HAM SWISS	10731	5.31oz	Ham and swiss on a mini sub roll
MAP SUB MINI TURKEY CHEDDAR	10732	5.53oz	Turkey and cheddar on a mini sub roll
MAP SUB TURKEY CHEDDAR EVERYTHING	10733	8.0oz	Turkey and cheddar on an everything sub roll
MAP SANDW HAM SWISS	10716	5.40oz	Ham and swiss on honey wheat bread
MAP SANDW EGG SALAD	10717	3.98oz	Egg salad on white bread
MAP SANDW NUTTY CRUNCHWICH WEDGE	10718	4.30oz	Peanut butter, Nutella, granola on honey wheat bread
MAP SANDW HAM GOUDA ON PRETZEL	10719	7.35oz	Ham and gouda on a pretzel roll
MAP SANDW TURKEY HAVARTI ON CIABATTA	10720	7.5oz	Turkey and Havarti on a pretzel roll
MAP SANDW TURKEY SWISS CROISSANT	10721	6.45oz	Turkey with swiss cheese on a croissant with a side of mustard
MAP WRAP TURKEY CHEDDAR	10734	8.05oz	Turkey and cheddar in a whole wheat tortilla
MAP WRAP HAM SWISS	10735	8.05oz	Ham and Swiss in a whole wheat tortilla
MAP WRAP CHICKEN APPLE WALNUT	10736	7.85oz	Chicken, apple, and walnut salad in a sundried tomato wrap
MAP WRAP SOUTHWEST STYLE CHICKEN	10737	7.85oz	Southwestern chicken, black bean and corn salad in a sundried tomato wrap
MAP SALADS			
MAP SALAD GREEK	10700	6.5oz	Romaine lettuce with grape tomatoes, kalamata olives, chickpeas, feta cheese, and Greek dressing
MAP SALAD CAESAR W/ CHICKEN	10701	6.3oz	Romaine lettuce with diced chicken, parmesan cheese, croutons, and Caesar dressing
MAP SALAD TURKEY HAM CHEF	10702	7.7oz	Romaine lettuce with diced ham and turkey, tomatoes, cheddar cheese, hard cooked eggs, and Chianti Italian dressing
MAP SALAD TACO INSPIRED	10703	5.9oz	Romaine lettuce with southwest chicken, grape tomatoes, pepper jack cheese and tortilla strips, with chipotle dressing
MAP SALAD CHICKEN BACON COBB	10704	6.9oz	Romaine lettuce with diced chicken, hard cooked egg, grape tomatoes, bacon bits, cheese, and ranch dressing
MAP SALAD GARDEN	10705	5.0oz	Spring mix with grape tomatoes, red cabbage, carrots and balsamic vinaigrette
MAP SALAD HARVEST	10706	5.05oz	Spring mix with apples, goat cheese crumbles, dried cranberries and apple cider vinaigrette
MAP SALAD ASIAN STYLE CHICKEN	10707	5.9oz	Romaine lettuce with red cabbage, diced chicken, peanuts and spicy Thai dressing
MAP SALAD SOUTHWEST CHICKEN	10708	6.5oz	Romaine lettuce with corn black beans, grape tomatoes, southwest style chicken and chipotle ranch dressing
ENTREES			
ENTRÉE SS CHICKEN PARMESAN	10817	8.46oz	Penne pasta and marinara sauce with chicken, mozzarella and parmesan cheese
ENTREE SS GENERAL TSO CHICKEN	10818	8.76oz	Vegetable fried rice with battered chicken breast meat and General Tso's sauce
ENTREE SS CHICKEN PESTO CAVAT	10812	8.75oz	Cavatappi pasta with grilled chicken, pesto sauce and parmesan cheese
ENTREE SS MEATLOAF MASH POTATOES	10813	9.01oz	Meatloaf and savory mashed potatoes topped with gravy and paired with corn
ENTREE SS CHICKEN MAC CHEESE	10814	8.51oz	Cavatappi pasta with cheese topped with grilled chicken
ENTREE SS THAI SOBA	10815	8.08oz	Soba noodles, peppers, carrots, edamame and scallions in a spicy Thai peanut dressing
ENTREE SS SOUTHWEST QUINOA	10816	14.5oz	Quinoa and rice mix with black beans, salsa and grilled chicken
ENTREE SS CHICKEN ALFREDO	10819	8.76oz	Penne pasta with creamy alfredo sauce topped with grilled chicken
ENTREE SS MEATBALL MARINARA W PENNE	10820	8.76oz	Meatballs over penne pasta topped with marinara sauce and parmesan cheese