GRAB AND GO

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November 1 - December 31, 2026

Grab and Go Catalog FreshPoint MidAtlantic

CATEGORY	ITEM	ITEM#	PACK SIZE	DESCRIPTION
BREAKFAST HEAT & EAT	Fiesta Sunrise Breakfast Burrito	HKBKF26	10.95 oz	Burrito featuring scrambled eggs & pepper jack cheese with black beans, corn & rice on a tortilla
	Savory Sausage & Egg Breakfast Burrito	HKBKF28	9.85 oz	Breakfast burrito with scambled egg, sausage, cheddar cheese, and picante sauce
	Bacon Egg & Cheddar Croissant	HKBKF05| 7319229	5.45 oz	Bacon, Egg, & Cheddar on a Croissant
	Sausage, Egg and Cheddar on an English Muffin	HKBKF07 | 7319250	5.7 oz	Sausage, egg and cheddar cheese on an English muffin
	Home-style Chicken Biscuit	HKBKF08 | 7319229	6.9 oz	Breaded chicken on a biscuit with a side of honey
PARFAITS	Vanilla Yogurt Parfait with Mixed Berries and Granola	HKSNA41 | 7139580	9 oz	Vanilla yogurt with mixed berries and granola
	Strawberry Yogurt Parfait	HKPARF04 | 8901755	7.1 oz	Vanilla yogurt with strawberry filling and granola
	Strawberry Yogurt With Strawberries Parfait	HKSNA39 | 7139577	9 oz	Strawberry yogurt with strawberries and granola
	Blueberry Yogurt Parfait	HKPARF03 | 7283693	7.1 oz	Vanilla yogurt with blueberry filling and granola
SALADS	Caesar Salad	HKSAL07 | 7139566	8 oz	Romaine lettuce with croutons, parmesan cheese and Caesar dressing
	Chicken Caesar Salad	HKSAL14 | 7139568	10 oz	Chicken Caesar salad made with grilled chicken breast strips
	The House Salad	HKSAL96 | 7139573	8 oz	Spring mix lettuce with tomatoes, cucumbers, grape tomatoes, croutons, cheddar cheese and ranch dressing
	Kale Salad	HKSAL65 | 7347527	10 oz	Shredded kale with red pepper, corn, cranberries, grape tomatoes, black beans and dried apricots with cranberry balsamic dressing
	Turkey & Ham Chef Salad	HKSAL21 | 7139578	10 oz	Romaine lettuce with grape tomatoes, hard cooked eggs, diced ham, diced turkey, cheddar cheese and zinfandel dressing
	Spinach & Nut & Berry Salad	HKSAL27 | 7347484	9 oz	Spinach with dried cranberries, walnuts, grape tomatoes, apples and zinfandel dressing
	Cobb Salad	HKSAL24 | 7319204	10.5 oz	Romaine lettuce with dried cranberries, tomatoes, bacon bits, hard cooked egg, chicken and crumbled blue cheese with chianti Italian dressing
	Southwest Chicken Salad	HKSAL70 | 7319336	10 oz	Romaine lettuce with chicken, corn, black beans, pepper jack cheese, grape tomatoes and chipotle ranch dressing

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FAMILY SIZE SALADS	Turkey Ham and Chef Salad	HKSAL134	22 oz	Romaine lettuce with tomatoes, hard cooked eggs, diced turkey, diced ham and cheddar cheese
	Chicken Bacon Cobb Salad	HKSAL133	22.5 oz	Romaine lettuce with grilled chicken, hard cooked eggs, grape tomatoes, bacon bits and crumbled blue cheese
	Chicken Caesar Salad	HKSAL131	19 oz	Romaine lettuce with grilled chicken, parmesan cheese and croutons
	Spinach with Egg Salad	HKSAL132	18.5 oz	Spinach with tomatoes, red onions, carrots and hard cooked eggs
WEDGE SANDWICHES	Tuna Salad Sandwich	HKSAN66 | 7138934	7.22 oz	Tuna salad sandwich on rye bread
	Chicken Salad Sandwich	HKSAN07| 7138933	6.8 oz	White chicken salad sandwich
	Egg Salad Sandwich	HKSAN24| 7319255	7.22 oz	Egg Salad sandwich on honey wheat bread
	Turkey BLT on Sourdough Sandwich	HKSAN82	8.94 oz	Deli turkey with tomatoes and bacon on sourdough bread
	Turkey & Cheddar Sandwich	HKSAN72 | 7138939	7.92 oz	Deli turkey with cheddar cheese on multigrain bread
	Peanut Butter & Jelly Sandwich	HKSAN47 | 7319257	6.62 oz	Peanut butter and jelly on white bread
ARTISAN SANDWICHES	Ham & Muenster Sandwich	HKSAN33 |7138930	6.94 oz	Deli ham with Muenster cheese and mustard on a Kaiser roll
	Flatbread Club Sandwich	HKSAN27 | 7319201	9.62 oz	Double stacked with ham, turkey, cheddar cheese, bacon and mayo on a flatbread
	Artisan Italian Sandwich	HKSAN41 | 7319156	8.34 oz	Sliced ham, genoa salami and provolone on a ciabatta roll
	Artisan Turkey and Cheddar Sandwich with Chipotle Mayo	HKSAN69 | 7138941	7.01 oz	Deli turkey with cheddar and chipotle mayo on an oat Kaiser roll
	Le Croissant Chicken Salad Sandwich	HKSAN159	6 oz	Chicken salad on a deluxe croissant
	Le Croissant Ham and Swiss Sandwich	HKSAN161	5.7 oz	Ham and Swiss on a deluxe croissant
	Le Croissant Turkey and Cheddar Sandwich	HKSAN162	5.7 oz	Turkey and Cheddar on a deluxe croissant
	Le Croissant Tuna Salad Sandwich	HKSAN160	6 oz	Tuna salad on a deluxe croissant
	Artisan Posh Roast Beef Sandwich	HKSWF18	8.56 oz	Roast beef, caramelized onions, arugula and stone ground mustard on an everything ciabatta
	Turkey and Provolone on Hawaiian Pretzel Roll	HKSWF47	6.78 oz	Deli turkey and provolone cheese on a Hawaiian pretzel roll
SLIDERS	Turkey & Cheddar Sliders (4ct)	HKSAN180	8.6 oz	Turkey and cheddar on potato slider rolls
	Ham & Cheddar Sliders (4ct)	HKSAN182	8.6 oz	Ham and cheddar on potato slider rolls
WRAPS	Chicken Caesar Wrap	HKWRA11 | 7318112	6.79 oz	Chicken breast strips, romaine lettuce, Caesar dressing in a spinach wrap
	Buffalo Chicken Wrap	HKWRA03 | 7138946	6.29 oz	Buffalo chicken salad and buffalo cream cheese in a flour tortilla
	Turkey Bacon & Cheddar Wrap	HKWRA27 | 7318063	6.99 oz	Sliced deli turkey, cheddar cheese, lettuce, and spicy bacon sriracha mayo in a wheat tortilla
	Chicken Salad Wrap	HKWRA12 | 7318230	6.79 oz	Deli chicken salad on a spinach tortilla
	Turkey & Cheddar Wrap	HKWRA33 | 7318228	6.49 oz	Turkey and cheddar on a whole wheat wrap
	Spicy Quinoa Wrap	HKWRA34 | 7138949	6.79 oz	Spicy quinoa and rice blend with tomato, corn, red peppers, chili powder and cilantro with pepper jack cheese on a flour tortilla
	Baja Chicken Wrap	HKWRA01 | 7354421	6.79 oz	Baja chicken with pepper jack cheese in a sundried tomato wrap

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	Southwest Chicken Wrap	HKWRA25 | 7318106	6.79 oz	Black bean and corn salad with southwest chicken in a sundried tomato wrap
	Rainbow Veggie Wrap	HKWRA24 | 7138950	6.79 oz	Rainbow veggie mix with goat cheese in a spinach tortilla
	Ham & Swiss Wrap	HKWRA20 | 7354404	6.49 oz	Ham, tomato, Swiss cheese in a wheat tortilla
PINWHEELS	Turkey and Cheese Pinwheels	HKSAN112	1 each	Turkey and cheddar in lavash flatbread
SUBS & HOAGIES	Ham & Swiss 6”	HKSAN29	6.25 oz	Ham and Swiss on a sub roll
	Turkey & Cheddar 6”	HKSAN71	6.25 oz	Turkey and cheese on a sub roll
	The Hoagie Italian 8”	HKSAN165 | 7318061	10.13 oz	Ham, Salami and provolone on a sub roll
	The Hoagie Turkey & Cheddar 8”	HKSAN164 | 7318234	10.11 oz	Turkey and cheddar on a sub roll
	Turkey, Ham & Salami Sub 8”	HKSAN166 | 7318105	11.13 oz	Turkey, ham and salami on sub roll
	The Hoagie Ham & Swiss 8"	HKSAN163	9.89 oz	Ham and Swiss on a sub roll
SNACK TRAYS	Sweet & Salty Sampler	HKSNA73	6 oz	Apple slices, caramel dip, grapes and honey wheat braided pretzel twists
	There’s Hummus Among Us	HKSNA84	7.56 oz	Roasted red pepper hummus, mini flatbread, carrots, zucchini and radish
	Portable Protein	HKSNA67 | 7139574	7.35 oz	Hardboiled egg, fresh apple slices, peanut butter, Swiss cheese, cheddar cheese, almonds and dried cranberries
	Mini Deli Dipper	HKSNA03 | 7319227	6 oz	Cheddar cheese, pepperoni, cornichon pickles and honey wheat braided pretzel twists with mustard
	Veggies on the Ranch	KIT462	7 oz	Celery and carrots with ranch
	Field & Dairy Snacker	HKSNA08 | 7319224	8.5 oz	Ranch dressing with cheddar and Swiss cheese cubes, baby carrots, celery and grape tomatoes
	Cheese and Fruit Bites	HKSNA18	6.05 oz	Brie, smoked gouda & muenster cheese, grapes, strawberry and crackers
SNACK CUPS	Grape and Cheese Cup	HKSNA88 | 7139572	4.5 oz	Fresh grapes and cheese cubes
	Pepperoni & Cheese Cup	HKSNA22 | 7319208	3 oz	Cheddar cheese and sliced pepperoni
DESSERTS	Vanilla Pudding	HKSNA113 | 7319236	5.2 oz	Vanilla pudding and whipped topping
	Chocolate Pudding	HKSNA112 | 7319232	5.2 oz	Chocolate pudding and whipped topping
	Cookie Dough	HKSNA29	4 oz	Edible chocolate chip cookie dough with a spork
	Apples & Caramel Dip	HKSNA10	6 oz	Sliced apples and caramel sauce
HEAT & EAT ENTREES	Meatballs & Marina with Penne	HKHSM23 | 7319203	8.76 oz	Meatballs over penne pasta topped with marinara sauce and Parmesan cheese
	Meatloaf & Mashed Potatoes	HKHSM25 | 7319226	9.01 oz	Meatloaf and savory mashed potatoes topped with gravy and paired with corn
	Chicken Parmesan	HKHSM32 | 7353817	8.46 oz	Penne pasta and marinara sauce with chicken, mozzarella and parmesan cheese
	Chicken Alfredo	HKHSM22 | 7345678	8.76 oz	Penne pasta with creamy alfredo sauce topped with grilled chicken
	Chicken Pesto Cavatappi	HKHSM24 | 7353811	8.75 oz	Cavatappi pasta with grilled chicken, pesto sauce and parmesan cheese
	General Tso’s Chicken	HKHSM27 | 7345654	8.76 oz	Vegetable fried rice with battered chicken breast meat and General Tso’s sauce

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	Sweet & Sour Chicken	HKHSM28 | 7353847	9.26 oz	Vegetable fried rice with battered chicken breast meat and sweet and sour sauce
	Vegetable LoMein	HKHSM29 | 7353867	8.76 oz	LoMein noodles with a vegetable blend and Lo Mein sauce
FRUIT CUPS	Cantaloupe Chunks 7oz	MEL654	7 oz	Cantaloupe Chunks 7oz
	Cantaloupe Chunks 5.5oz	MEL656	5.5 oz	Cantaloupe Chunks 5.5oz
	Berry Medley 5.5oz	BER04	5.5 oz	Strawberries & Blueberries 5.5oz
	Mango Chunks 7oz	MAN16 | 7318237	7 oz	Mango Chunks 7oz
	Mango Chunks 5.5oz	MAN14	5.5 oz	Mango Chunks 5.5oz
	Red Grapes 7oz	GRA55 | 7318466	7 oz	Red Grapes 7oz
	Red Grapes 5.5oz	GRA53 | 7318570	5.5 oz	Red Grapes 5.5 oz
	Pineapple Chunks 7oz	PIN20 | 7318566	7 oz	Pineapple Chunks 7oz
	Pineapple Chunks 5.5oz	PIN21 | 7318236	5.5 oz	Pineapple Chunks 5.5oz
	Sliced Strawberries 7oz	BER853	7 oz	Sliced Strawberries 7oz
	Sliced Sliced Strawberries 5.5oz	BER852	5.5 oz	Sliced Strawberries 5.5oz
	Watermelon Chunks 7oz	MEL754	7 oz	Watermelon Chunks 7o
	Watermelon Chunks 5.5oz	MEL666	5.5 oz	Watermelon Chunks 5.5oz
	Mixed Fruit 7oz	FRU09 | 7318235	7 oz	Cantaloupe, honeydew, pineapple, red grapes
	Mixed Fruit 5.5oz	FRU28 | 7318065	5.5 oz	Cantaloupe, honeydew, pineapple, red grapes
	Tropical Fruit Mix 7oz	FRU18 | 7318567	7 oz	Pineapple, red grapes, kiwi, strawberries, mango
	Tropical Fruit Mix 5.5oz	TRO02 | 7318572	5.5 oz	Pineapple, red grapes, kiwi, strawberries, mango
MAP SALADS	Garden Salad	HKSDF30 | 7220095	5 oz	Spring mix with grape tomatoes, red cabbage, carrots and balsamic vinaigrette
	Southwest Chicken Salad	HKSDF08 | 7256131	6.5 oz	Romaine lettuce with corn black beans, grape tomatoes, southwest style chicken and chipotle ranch dressing
	Caesar Salad with Chicken	HKSLF11 | 7220167	6.3 oz	Romaine with diced chicken parmesan cheese, croutons and Caesar dressing
	Chicken Bacon Cobb Salad	HKSLF10 | 7256178	6.9 oz	Romaine lettuce with diced chicken, hard cooked egg, grape tomatoes, bacon bits, cheese and ranch dressing
	Turkey & Ham Chef Salad	HKSLF14 | 7220392	7.7 oz	Romaine lettuce with diced ham and turkey, tomatoes, cheddar cheese, hard cooked eggs, and Chianti Italian dressing
MAP SNACKS	Deli Snack Pack	HKSKF15 | 7220953	6.45 oz	Mini pretzels, cheese cubes, pepperoni and red grapes
	Power Boost Snack	HKSKF13 | 7220318	7.07 oz	Hard cooked egg, sliced apples, cheese cubes and trail mix
	Caramel Crunch Snack	HKSKF14 | 7256277	6.2 oz	Mini pretzels and sliced apples with caramel dip
MAP WRAPS	Turkey & Cheddar Wrap	HKWPF11 | 7256173	8.05 oz	Turkey and cheddar in a whole wheat tortilla

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	Ham & Swiss Wrap	HKWPF12 | 7247303	8.05 oz	Ham and swiss in a whole wheat tortilla
	Southwestern Style Chicken Wrap	HKWPF14 | 7246987	7.85 oz	Southwestern chicken, black bean, and corn salad in a sundried tomato wrap
	Chicken Bacon Ranch Wrap	HKWPF15 | 7354410	7.35 oz	Diced chicken with bacon, cheddar cheese and ranch dressing in a sundried tortilla
MAP SLIDERS	Turkey and Cheddar Sliders 4 Count	HKSWF28 | 7256341	8.32 oz	Turkey & Cheddar on potato slider rolls- 4 count
	Ham & Swiss Sliders 4 Count	HKSWF09 | 7256182	8.1 oz	Ham and swiss on potato slider rolls- 4 count
MAP ARTISAN SANDWICHES	Ham & Gouda on a Pretzel Roll	HKSWF06 | 7256181	7.28 oz	Ham and Gouda on a pretzel roll
	Italian on Ciabatta	HKSWF07 | 7220687	8.34 oz	Ham, salami and provolone on a ciabatta roll
	Turkey & Havarti on Everything Ciabatta	HKSWF08 | 7220210	8.38 oz	Turkey and Havarti on an everything ciabatta
	Turkey & Swiss on a Pretzel Roll	HKSWF40 |7256177	7.8 oz	Turkey with Swiss cheese on a pretzel roll a side of mayo
	Turkey & Swiss on a Croissant	HKSWF42 | 7220686	6.95 oz	Turkey with Swiss cheese on a croissant with a side of mustard
	Ham & Gouda on Croissant	HKSWF41 | 7220685	6.85 oz	Ham with Gouda cheese on a croissant with a side of mustard
MAP WEDGE SANDWICHES	Turkey & Cheddar Wedge	HKSWF10 | 7256184	6.09 oz	Turkey and cheddar on honey wheat bread 766375793106
	Ham & Swiss Wedge	HKSWF11 | 7256185	5.87 oz	Ham and Swiss on honey wheat bread
	Chicken Salad Wedge	HKSWF12 | 7220240	4.97 oz	Chicken salad on club white bread
	Egg Salad Wedge	HKSWF14 | 7220683	4.97 oz	Egg salad on white bread
MAP SUBS	Turkey & Cheddar on Everything Sub Roll	HKSWF32 | 7257349	8 oz	Turkey and cheddar on an everything sub roll
	Italian Sub	HKSWF33 | 7256180	9.13 oz	Ham, salami and provolone sub

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